Calder Vale Walk: River, Hill and Valley

Start Point
Grizedale Bridge
SD 536 490

Distance/Time
- Route 1: 8 Miles, 5 Hrs
- Route 2: 5.5 Miles, 3 Hrs

Terrain
Tracks, fields and roads. Gates and some stiles. Steep sections and can be wet underfoot.

Public transport
Bus Service 8C service, Garstang to Caldervale

Key to Facilities
- Post Office, (Calder Vale)
- Pub, Shop, Café, Toilets, (Scorton)

GPS Waypoints (OS grid refs)
1. SD 536 490
2. SD 535 485
3. SD 527 472
4. SD 517 472
5. SD 515 475
6. SD 513 476
7. SD 509 478
8. SD 502 487
9. SD 511 489
10. SD 519 485
11. SD 526 490
12. SD 527 494

Route 1 8 Miles, 5 Hrs
Route 2 5.5 Miles, 3 Hrs

Grizedale Bridge
SD 536 490

Nicky Nook

Post Office, (Calder Vale)
Calder Vale Walk: River, Hill and Valley

Walk Description

Route 1

GPS: SD 536 490
From the lay-by go over the bridge and follow the road up to Grizedale Lea Reservoir.

GPS: SD 535 485
Just past the entrance to the reservoir take the footpath on the right. Follow this path all the way to a track crossroads and turn right to Moor House. Walk across the front of the house and along a hedge lined track.

GPS: SD 527 472
The track bends right and then left before reaching a gate by a stream. Continue straight on keeping the hedge on your right to a gate onto a stone track. Go down into Burns farmyard.

GPS: SD 517 472
At the yard turn right, past the farmhouse and buildings. Turn right onto the lane then left shortly after. Go straight on, past the covered reservoir and over a stile at the edge of a wood.

GPS: SD 515 475
Cross the field to a kissing gate at the edge of the next wood.

GPS: SD 513 476
Follow the path straight down the steep bank and cross the footbridge.

GPS: SD 509 478
Continue straight ahead and uphill onto Higher Lane. Turn right along the lane and take the next left down Tithe Barn Lane. At the bottom turn right into Scorton.

GPS: SD 502 487
At The Priory, turn right up and follow Snowhill Lane up to its end where it meets Higher Lane.

GPS: SD 511 489
Take the kissing gate opposite and follow the path up to the trig point on Nicky Nook.

GPS: SD 519 485
From the trig point head downhill to and over a stile in a dry stone wall. Follow the path bearing left downhill towards a gap in the trees ahead and out onto a track.

GPS: SD 526 490
Turn left along this track until it reaches a lane. Turn right down the lane towards Fell End Farm. Before reaching the farm, take the concessionary path through a small gate on the right to by-pass the farm.

GPS: SD 527 494
Take the track bearing right for a short distance to a gate on the left. Go through this gate and follow the path back to the lay-by at Grizedale Bridge.

Route 2

Instead of continuing straight ahead at point 6, turn right and follow the track up the Grizedale Valley, and at the end of the reservoir turn right, go through Holme Wood and back onto the road to the start at Grizedale Bridge.

About This Walk

Scorton once formed part of the medieval manor of Nether Wyresdale and had 12 residences in 1786.

Nicky Nook, though modest in height, offers splendid views over Lancashire’s coastal plain, Morecambe Bay and beyond to the Lakeland fells. On a really clear day it is possible to see the Isle of Man and the Great Orme on the North Wales coast.

Birds such as meadow pipits and skylarks are common on the fell, while the more fortunate may catch a glimpse of tree pipits or yellowhammers.

Scorton is a great place for a refreshment stop either at The Priory Inn www.theprioryscorton.co.uk or the Barn coffee shop www.plantsandgifts.co.uk

▲ Lapwing and chick

▲ Curlew

Debbie Yare

RSPB