

FESTIVAL BOWLAND 2012

A year round calendar of events that celebrate the birds, wildlife, landscape and culture of the Forest of Bowland Area of Outstanding Natural Beauty





Festival Bowland

Festival Bowland is a year round calendar of events that celebrate the birds, wildlife, landscape and culture of the Forest of Bowland Area of Outstanding Natural Beauty (AONB).

The Forest of Bowland Area of Outstanding Natural Beauty (AONB) Partnership has worked together with landowners, local experts and businesses in the area to provide a wealth of events and opportunities for people to explore the area's special qualities and to share with others what makes this area such a special place for people and wildlife.

For more information visit www.forestofbowland.com where you will also find additional Festival Bowland events added throughout the year.

Festival Bowland is brought to you by



a million
voices for
nature



Bowland Arts Festival

16th – 24th June 2012

Bowland Arts Festival, 2012 brings together a host of creative events, which aim to celebrate the environment and culture of the Forest of Bowland area. This year the festival brings together a range of exciting activities for nine days in June, all of which focus on this unique and special landscape and many of which focus upon its history. 2012 is the 400th anniversary of the events surrounding the trials of the 13 people, known as the Lancashire Witches, who took a journey from Pendle to the Lancaster Castle assize courts across the Bowland Fells in 1612. For this year's Festival, many artists have been inspired to develop a deeper understanding of this history and its relevance to the world today. Exhibitions, community history walks, talks, workshops and events are being held which are suitable for a variety of ages and abilities, with many events FREE. The Festival has been developed and co-ordinated by Green Close. Visit www.bowlandarts.co.uk and www.lancashirewitches400.org

For further information contact **Green Close** on **015242 21233** or email info@greenclose.org



New for 2012

The Forest of Bowland is a beautiful area with a very special landscape and a fascinating heritage. This year we have introduced two new features into the Festival Bowland calendar, designed to help you explore and enjoy more! Look out for our series of *Discover Bowland* events, which take a more in-depth look at a range of subjects, guided by leaders who are experts in their field. Then, why not step back in time on our Heritage Weekend (7th -9th September) for a chance to look behind the scenes at some of the AONB's less familiar places?

Bowland Visitor Centre Nest Camera

Bowland Visitor Centre at Beacon Fell Country Park is home to a nest camera showing footage of Bowland's very own film stars – a pair of nesting hen harriers. Watch them as they feed and tend their young, see the young grow and then take their first flight. Footage will be showing from approximately May to July and the Centre is open seven days a week from 10.00am to 4.00pm.

Tramper-Friendly

All-terrain electric wheelchairs, for people with limited mobility, can be hired from a number of places in and around the Forest of Bowland. Please book in advance, for suitable events, through:

Lancashire County Council - 01772 533919

**Wyre Estuary Country Park and Wyre Council Area -
01253 887220 / 01253 863100**

Wyresdale Wheels for All - 01524 791329

**Bowland Experience - please see
www.bowlandexperience.com for contact details**



Important information

- Information about how to book, if you need to do so, is detailed with each event.
- Children must be accompanied by an adult and some events may not be suitable for children.
- Dogs, except guide or hearing dogs, are generally not permitted on any events. Those events which do allow dogs will have this included in the information.
- Please dress appropriately for the location and the weather. You will need sturdy walking shoes or boots, extra warm clothing and waterproofs for most outdoor events. Please bring your own drinking water and packed lunch on all day events, and on hot, sunny days, sun cream, hat and glasses. Many events will be looking at wildlife and birds, so if you have binoculars it's definitely worth bringing them. If you are not appropriately prepared for the event, your leader may refuse to include you. This is for your, and the group's, safety.
- Most events, particularly those outdoors, require a reasonable level of fitness, with the exception of health walks. Many events will involve some walking, often up slopes, and some events involve all-day hill walking. Please take note of the information provided for each event. Overestimating your fitness may spoil the event for you and the rest of the group. All events are led at a pace to suit the whole group.

This year we have introduced a Terrain Guide to give you an idea of the kind of ground covered during relevant events. This is a guide only and you should check with event organisers beforehand if you are unsure about the suitability of a walk:

- 1 Relatively flat ground, no stiles, suitable for wheelchairs and pushchairs
- 2 Relatively level ground, fields, lanes and tracks possibly, with some stiles and gentle slopes
- 3 Uneven ground, fields, lanes and tracks with some moderate slopes. Expect stiles.
- 4 Uneven ground, fields, lanes and tracks, with some steeper climbs. Expect stiles.
- 5 Limited paths, rough walking, steep climbs. Expect stiles.



Useful information

Visit www.forestofbowland.com for:

- Places to stay
- Local produce
- Information on the area and the work that the Forest of Bowland AONB Partnership does
- Downloadable walks
- Other events happening in and around the Forest of Bowland AONB

For **public transport** information call Traveline on **0871 200 2233** or visit www.traveline.org.uk

Mountain Rescue In an emergency dial **999** and request mountain rescue.

Please note that, whilst all details are believed to be correct, visitors are advised to contact individual event providers to confirm the information given.



At a Glance Events Listings

- Festival Bowland Event
- Bowland Arts Event

January

Sunday 15th January

- Printmaking Taster Session

Thursday 19th January

- Scorton Health Walk (Monthly)

Monday 23rd January

- Bleasdale Skyline

February

Saturday 11th February

- Collograph Workshop

Saturday 18th February

- Navigation Walk and Workshop

Sunday 19th February

- Bleasdale Skyline

March

Saturday 3rd March

- Cycle Adventure: Mountain Biking Skills Taster Session

Wednesday 7th March

- Print workshop

Sunday 11th March

- Rivers, Reservoirs and Watery Revelations

Thursday 15th March

- Discover Bowland: Through the eyes of a geologist...

Saturday 17th March

- Discover Bowland: Through the eyes of a geologist...
- Papermaking Workshop
- Cycle Adventure: Guided Mountain Bike Tour of Salter Fell

Sunday 25th March

- Mad as a March Hare
- Brown Hare Workshop

April

Monday 2nd April

- Garstang Monday Walk

Saturday 7th April

- Pinnacle Edges

Saturday 14th April

- Photograph Spring in Bowland
- In Search of Sky Dancers
- A Low, A Low, A Low

Sunday 15th April

- Woodland Wildlife Walk

Monday 16th April

- Bleasdale Monday Walk

Friday 20th April

- In Search of Sky Dancers

Saturday 21st April

- A Land for Your Dreams

Wednesday 25th April

- Whimbrel Roost Watch

Thursday 26th April

- Whimbrel Roost Watch



May

Saturday 5th May

- Early Morning Birds and Bacon!

Sunday 6th 13th 20th 27th May

- Bluebell Tea Stroll

Monday 7th May

- In Search of Sky Dancers
- Garstang Monday Walk

Friday 11th to Sunday 20th May

- Garstang Walking Festival

Saturday 12th May

- In Search of Sky Dancers

Saturday 12th and Sunday 13th May

- Drystone Walling Workshop

Wednesday 16th May

- The Pendle Witches, 1612 - 2012
- Dendrology Walk

Thursday 17th May

- Discover Bowland: Through the eyes of a landscape researcher....

Friday 18th May

- Cobble Hey Legstretcher
- Lapwing and Hare Tramper Trek

Saturday 19th May

- Discover Bowland: Through the eyes of a landscape researcher....
- Woodland Chorus Walk
- Map and Compass course

Monday 21st May

- Bleasdale Monday Walk
- Ancient Woods and Bubbling Streams

Saturday 26th May

- In Search of Sky Dancers

Wednesday 30th May

- A Walk on the Wet Side – the birds of Long Preston Deepes
- Hen Harrier Tagging and Tracking

June

Monday 4th June

- Jaunty Jubilee Walk and High Tea
- Garstang Monday Walk

Wednesday 6th June

- Beacon Fell Bushcraft for Kids

Thursday 7th June

- Photograph Natural and Man-made Bowland

Friday 8th June

- In Search of Sky Dancers

Saturday 9th June

- Wildflowers at Gisburn Forest
- Birding in Gisburn Forest

Monday 11th June

- A Walk on the Wenning

Saturday 16th June

- In Search of Sky Dancers
- Hay Meadow SSSI Flowers and Farming – Bell Sykes
- Sabbat: The Trials of the Pendle Witches
- Bowland-inspired Silver Clay Jewellery
- A Singing Walk with Anni Tracy!

Saturday 16th and Sunday 17th June

- Higherford Mill Open Studios



June continued

Daily 16th - 24th June

- Pendle Investigation, Jo Hesketh
- Walking with Witches Open Studio Exhibition

Daily 16th - 22nd June

- Lancashire Witches 400 Family Workshops

Sunday 17th June

- The Flowers and the Bees
- Dance on the Summit (Nicky Nook)

Monday 18th June

- Bleasdale Monday Walk

Tuesday to Sturday 19th - 23rd June

- Sabbat: The Trials of the Pendle Witches

Wednesday 20th June

- Bowland Art for Beginners

Thursday 21st June

- Bowland Blackout

Saturday 23rd June

- Fused Glass Inclusions: Bowland Landscapes
- Walk with Witches from Caton to Lancaster

Sunday 24th June

- Revealed!

Monday 25th June

- Mad About Meadows: traditional flowers in the Mewith

Saturday 30th June

- Photograph Little-known Bowland

July

Sunday 1st July

- Wyresdale Ramble

Monday 2nd July

- Garstang Monday Walk

Thursday 5th July

- Discover Bowland: Through the eyes of a botanist...

Friday 6th July

- In Search of Sky Dancers

Saturday 7th July

- Renewable Energy Study Tour

Sunday 8th July

- Discover Bowland: Through the eyes of a botanist...

Monday 9th July

- Fourstones Legstretcher

Friday 13th July

- Photograph Hay Meadows in Bowland

Monday 16th July

- Bleasdale Monday Walk

Wednesday 18th July

- Wildflower Walk

Sunday 22nd July

- Dig it...indoors!

Friday 27th July

- In the Foothills of Pendle Hill
- Bat Walk

Saturday 28th July

- Green Woodcraft Day

August

Saturday 4th August

- Clitheroe Food Festival
- Insect Safari



Monday 6th August

- In the Footsteps of the Cistercians
- Garstang Monday Walk

Monday 20th August

- Bleasdale Monday Walk

Saturday 25th August

- Pole Lathe Demonstration

Monday 27th August

- Bug Hunt at the Abbey

September

Saturday 1st to Saturday 9th September

- Pendle Walking Festival

Saturday 1st September

- Spoon Carving Workshop

Sunday 2nd September

- Batty at Brock

Monday 3rd September

- Garstang Monday Walk

Thursday 6th September

- Walk with Witches Day 1

Friday 7th September

- Walk with Witches Day 2
- Lancashire's Hidden Treasure
- Clitheroe Castle Museum Heritage Open Day
- Newton Heritage Evening Walk

Saturday 8th September

- Bowland Heritage Classic Tour
- Walk with Witches Day 3

Sunday 9th September

- Walk with Witches Day 4
- Bronze Age Circle - Bleasdale
- Bowland Heritage Classic Tour

Sunday 16th September

- Fungi Wander

Monday 17th September

- Bleasdale Monday Walk

Saturday 29th September

- Cycle Adventure: Mountain Biking Skills Taster Session

October

Monday 1st October

- Garstang Monday Walk

Saturday 6th October

- Cycle Adventure: Guided Mountain Bike Tour of Salter Fell

Saturday 13th October

- Map and Compass Course

Monday 15th October

- Bleasdale Monday Walk

Monday 29th October

- Photograph Autumn in Bowland

November

Friday 9th November

- Bleasdale Legstretcher

Saturday 10th and

Sunday 11th November

- Introduction to Greenwood Working

Saturday 24th November

- Navigation Walk and Workshop

December

Sunday 9th December

- Walking in a Winter Wonderland

Friday 14th December

- Scorton Legstretcher



Events in January

Printmaking Taster Session

Sunday 15th January 11.00am – 4.00pm

Higherford Mill, Barrowford

Come and say hello and have a go at printmaking. Images inspired by the Bowland landscape, flora and fauna will be your inspiration. All children must be accompanied by an adult.

Just turn up. For more information contact **Anita Burrows** on **07762 702806** or email **anitajburrows@gmail.com**. Further dates available.

FREE, wheelchair-friendly, family-friendly

Scorton Health Walk

Thursday 19th January 2.00pm

Scorton village centre

wyre
council

A one hour health walk across in the rolling countryside of Scorton. Look out for the volunteer leaders in the centre of the village. Trampers should be booked in advance.

This walk will be repeated monthly on the following dates: 23rd February, 22nd March, 19th April, 24th May, 21st June, 19th July, 16th August (6.30pm), 20th September, 25th October, 22nd November and 20th December. All other details remain the same.

Just turn up. For more information contact **Visit Garstang** on **01995 602125** or email **garstangtic@wyre.gov.uk**

FREE, 1 hour, terrain guide 2, 2-3 miles, tramper-friendly, dogs permitted

Bleasdale Skyline

Monday 23rd January 9.30am

Bleasdale area

wyre
council

A challenging and strenuous circular walk. Route weather-dependant. Bring a packed lunch. Teas and cake available at extra cost.

Booking essential. Please call the **Visit Garstang Centre** on **01995 602125** or email **garstangtic@wyre.gov.uk**

£4/£3, 5 - 6 hours, terrain guide 5, approx 9 miles



Events in February

Collograph Workshop

Saturday 11th February 10.00am

Higherford Mill, Barrowford

Learn how to incorporate textures to build a collograph plate and print a la poupee. The landscapes of Bowland and its flora and fauna will be your inspiration. You can use leaves and plant material collected in the area. Refreshments available but bring a packed lunch. Limited places.

Booking essential. Please contact **Anita Burrows** on **07762 702806** or email **anitajburrows@gmail.com**

£50, 6 hours, wheelchair-friendly

Navigation Walk and Workshop

Saturday 18th February 9.30am

Cobble Hey area

wyre
council

Come and learn the basics of navigation and what information is on which map. Plan a walk in an indoor session and then try your new skills outside on an afternoon walk. Bring a packed lunch and your own compass, if you have one (but do not buy one especially for this walk). Note: this is the first of 2 sessions; the second date will be arranged at the end of the walk to suit all participants.

Suitable for children over 12 years old if accompanied by an adult.

Please book trampers in advance.

Booking essential. Please call the **Visit Garstang Centre** on **01995 602125** or email **garstangtic@wyre.gov.uk**

£10, 6 ½ hours, terrain guide 3, 1-3 miles, tramper-friendly

Bleasdale Skyline

Sunday 19th February 9.30am

Bleasdale area

wyre
council

A challenging and strenuous circular walk. Route weather-dependant. Bring a packed lunch. Teas and cake available at extra cost.

Booking essential. Please call the **Visit Garstang Centre** on **01995 602125** or email **garstangtic@wyre.gov.uk**

£4/£3, 5 - 6 hours, terrain guide 5, approx 9 miles



Events in March

Cycle Adventure: Mountain Biking Skills Taster Session

Saturday 3rd March 10.30am and 2.00pm

Slaidburn



Learn the basics of how to confidently tackle a range of off road terrain and open up a whole network of tracks and trails to explore at your own leisure.

Participant bikes must be in good working order and be a mountain bike. Hire available from Cycle Adventure if required. Bring clothes suitable for mountain biking, water, snacks and a small rucksack.

This is a green/blue graded mountain bike trail activity.

Booking essential. Please contact **Stuart** at **Cycle Adventure** on **07518 373007** or email stuart@cycle-adventure.co.uk

£25, 2 hours, approx 8 miles

Print workshop

Wednesday 7th March 2.00pm

Higherford Mill, Barrowford

Come and have a go at printmaking. The Bowland landscape, flora and fauna will be your inspiration. Refreshments available. Limited places.

Booking essential. Please contact **Anita Burrows** on **07762 702806** or email anitajburrows@gmail.com. Further dates available.

£30, 2 ½ hours, wheelchair-friendly

Rivers, Reservoirs and Watery Revelations

Sunday 11th March 10.00am

Scorton area



A walk around Grizedale and Barnacre reservoirs exploring the history of the area and how it provides water for the Fylde. Bring a camera and binoculars if you have them, and a packed lunch.

Booking essential. Please call the **Visit Garstang Centre** on **01995 602125** or email garstangtic@wyre.gov.uk

£4/£3, 5-6 hours, terrain guide 3, approx 6 miles



Discover Bowland: Through the eyes of a geologist...

Thursday 15th March 7.00pm

Slaidburn Village Hall



The first of three 'talks and walks' organised in the AONB this year. This talk is by Paul Kabrna, local geologist and author of 'Carboniferous Geology: Bowland Fells to Pendle Hill'. Focussing on the Bowland area, his talk will reveal recent developments in Carboniferous geology some 340 million years ago. This period of time was characterised by a tropical climate, muddy seas and big rivers. There will be an opportunity for discussion and refreshments and to purchase Paul's book. Suitable for children 14 years and over if accompanied by an adult. Contributions to Bowland Tourism Environment Fund welcome.

This event links with a field trip on Saturday 17th March.

Just turn up. For more information contact the **AONB office** on **01200 448000** or email **cathy.hopley@lancashire.gov.uk**

FREE, 2 hours, wheelchair-friendly

Discover Bowland: Through the eyes of a geologist....

Saturday 17th March 10.00am

Slaidburn



This is a field trip to illustrate the talk held on Thursday 15th. The walk will explore the upper Hodder Valley around Hammerton Hall. The main points of interest are Hammerton Crag, Barn Gill, and Rain Gill quarry. Led by Paul Kabrna, local geologist, we will look at the Carboniferous limestones and mudstones at various outcrops along the route.

Booking essential. Please contact **Cathy Hopley** on **01200 448000** or email **cathy.hopley@lancashire.gov.uk**

FREE, 3 hours, terrain guide 3, 4 ½ miles



Papermaking Workshop

Saturday 17th March 10.00am

Higherford Mill, Barrowford

You will learn how to make paper (including couching paper using a deckle and frame) from recycled materials including plant material sourced in the Forest of Bowland. Reduced rate for adult plus two children. All children must be accompanied by an adult.

Booking essential. Please contact **Anita Burrows** on **07762 702806** or email **anitajburrows@gmail.com**

£30, 3 hours, wheelchair-friendly

Cycle Adventure: Guided Mountain Bike Tour of Salter Fell

Saturday 17th March 10.30am

Slaidburn



Experience the grandeur and isolation of one of the finest moorland crossings in England with spectacular views of the Forest of Bowland and the Yorkshire Dales. Quiet lanes and bridleway with a mixture of grassy/rutted/loose stone tracks. Some short but moderate climbing.

Participant bikes must be in good working order and be a mountain bike. Hire available from Cycle Adventure if required. Bring clothes suitable for mountain biking, water, packed lunch and small rucksack.

Booking essential. Please contact **Stuart** at **Cycle Adventure** on **07518 373007** or email **stuart@cycle-adventure.co.uk**

£25, approx 5 hours, terrain guide 4, approx 20 miles



Mad as a March Hare

Sunday 25th March 8.00am

wyre
council

Bleasdale area

Join the Rangers on this early morning walk to watch brown hare and their antics. Bring a packed lunch if you wish to stay on for the brown hare workshop which follows. Refreshments available at additional cost.

Booking essential. Please call the **Visit Garstang Centre** on **01995 602125** or email garstangtic@wyre.gov.uk

£3/£2, 2 hours, terrain guide 3, 2-3 miles

Brown Hare Workshop

Sunday 25th March 10.00am

wyre
council

Bleasdale area

Join the Wyre Rangers and Lancashire Wildlife Trust to learn about the brown hare and its antics. Pick a map square and help with this year's Brown Hare Survey of Lancashire. The event will start with a presentation in the hall and a question and answer session then, after lunch, the group will go for a walk around Lower Fairsnape Farm which is managed for conservation and known for its brown hares.

Bring a packed lunch. Refreshments available at additional cost. Suitable for children 14 years and over if accompanied by an adult. Please book trampers in advance.

Booking essential. Please call the **Visit Garstang Centre** on **01995 602125** or email garstangtic@wyre.gov.uk

FREE, 5 hours, terrain guide 3, 2-3 miles, tramper-friendly



Events in April

Garstang Monday Walk

Monday 2nd April 10.30am

Garstang area

wyre
council

A circular walk from Garstang. Each walk will follow a different route (conditions permitting) taking advantage of the seasonal changes. Waterproofs and boots needed.

Booking essential. Please contact the **Visit Garstang Centre** on **01995 602125** or email garstangtic@wyre.gov.uk

£3/£2, 3 hours, terrain guide 4, 4-5 miles

Pinnacle Edges

Saturday 7th April 9.00am

Gisburn Forest

Lancashire
County
Council 

A strenuous walk through Gisburn Forest up to Knotteranum, across to Bowland Knotts and then down to Cross of Greet. Bring a packed lunch.

Booking essential. Please contact **0845 0530011**

FREE, 7 hours, terrain guide 5, approx 10 miles

Photograph Spring in Bowland

Saturday 14th April 10.00am

Dunsop Bridge

Veronica
Caperon
PHOTOGRAPHY

Think of Bowland in spring and you think of lambs and fresh growth! Get to grips with digital photography around the official centre of Britain - Dunsop Bridge and the Dunsop valley - and go home with great photos. The day includes an introduction to taking better pictures then a tutored photo-walk with professional photographer; and a review of your photos over tea and cakes at the end of the day! Designed for those with limited or no photographic experience but advanced photographers are welcome to join us on this basis.

Bring a camera and download lead plus a packed lunch. Tea and cakes provided.

Booking essential. Please contact **Veronica Caperon** on **01729 824537** or email studio@veronicasgallery.co.uk

£35, 6 hours, terrain guide 2, approx 2 miles



In Search of Sky Dancers

Saturday 14th April 9.30am

Trough of Bowland



United Utilities



heritage lottery fund
LOTTERY FUNDED

Have you ever been lucky enough to witness the awe inspiring sky dance of a hen harrier? Join us for a walk along one of the Forest of Bowland's most stunning valleys and you may well be rewarded with a glimpse of this rare and enigmatic species. There's also fun to be had looking out for the elusive ring ouzel, or our smallest bird of prey the merlin or possibly the Forest of Bowland's most fearsome predator – the green tiger beetle! Bring a packed lunch and your binoculars if you have some. Suitable for children 10 years and older accompanied by an adult. These walks have been made possible with support from the Heritage Lottery Fund.

Booking essential. Please contact **Fariha Quraishi** on **01524 581001** or email **fariha.quraishi@rspb.org.uk**

£5, 4 to 5 hours, terrain guide 4, 5 miles

A Low, A Low, A Low

Saturday 14th April 10.00am

Crook of Lune Car Park



A walk from Crook of Lune to Loyn Bridge offering sweeping views right up the Lune valley to Ingleborough in the Yorkshire Dales. Paths are along the riverbank and can be rough and slippery. Bring a packed lunch and bus fare for the return journey back to Crook of Lune.

Just turn up. For more information contact **0845 0530011**

FREE, 7 hours, terrain guide 3, approx 6 miles



Woodland Wildlife Walk

Sunday 15th April 2.00pm

Lay-by on Rabbit Lane, north of Bashall Eaves

A guided walk through the native woodland of Moor Piece Nature Reserve. It's a beautiful place at any time of year, but spring is particularly special as we look out for the wildlife found there and learn about the management work being carried out by the Wildlife Trust. Suitable for children nine years and over accompanied by an adult. The walk follows rough, uneven ground which can also get very wet. Wellingtons are a good option.

Just turn up. For more information contact **Phil Dykes** at the **Wildlife Trust** on **07841 996722** or email **pdykes@lancswt.org.uk**



FREE, 2 hours, terrain guide 5, 2 miles

Bleasdale Monday Walk

Monday 16th April 10.00am

Bleasdale area

Join our regular walk from Bleasdale. Each walk will follow a different route (conditions permitting) taking advantage of seasonal changes. Bring a packed lunch.

Booking essential. Please contact the **Visit Garstang Centre** on **01995 602125** or email **garstangtic@wyre.gov.uk**



£4/£3, 4 hours, terrain guide 5, approx 5 miles

In Search of Sky Dancers

Friday 20th April 9.30am

Trough of Bowland



United Utilities



heritage lottery fund
LOTTERY FUNDED

Have you ever been lucky enough to witness the awe inspiring sky dance of a hen harrier? Join us for a walk along one of the Forest of Bowland's most stunning valleys and you may well be rewarded with a glimpse of this rare and enigmatic species. There's also fun to be had looking out for the elusive ring ouzel, or our smallest bird of prey the merlin or possibly the Forest of Bowland's most fearsome predator – the green tiger beetle! Bring a packed lunch and your binoculars if you have some. Suitable for children 10 years and older accompanied by an adult. These walks have been made possible with support from the Heritage Lottery Fund.

Booking essential. Please contact **Fariha Quraishi** on **01524 581001** or email **fariha.quraishi@rspb.org.uk**

£5, 4 to 5 hours, terrain guide 4, 5 miles



A Land for Your Dreams

Saturday 21st April 10.00am

Chipping



Wander through Bowland and listen to William Michael Neary reciting his lyrical poems. Michael also gives a fascinating insight into what inspired each poem.

Please note that this walk follows paths through lambing fields and, therefore, dogs are not allowed.

Booking essential. Please contact the **AONB office** on **01200 448000** or email **sandra.silk@lancashire.gov.uk**

£4, approx 2 hours, terrain guide 3, approx 3 miles

Whimbrel Roost Watch

Wednesday 25th April 7.45pm

Barnacre area



The Whimbrel, a small relative of the curlew, uses Barnacre Reservoir as an important staging post on their journey from Africa to Iceland. Come and watch the spectacular sight as these beautiful birds fly into roost at dusk. Suitable for children 14 years and over accompanied by an adult.

Booking essential. Please contact the **Visit Garstang Centre** on **01995 602125** or email **garstangtic@wyre.gov.uk**

£3/£2, 1 ½ hours, terrain guide 2, approx 1 mile

Whimbrel Roost Watch

Thursday 26th April 7.45pm

Barnacre area



The whimbrel, a small relative of the curlew, uses Barnacre Reservoir as an important staging post on their journey from Africa to Iceland. Come and join us to watch these beautiful birds fly into to roost at dusk. Steps up to the dam. Suitable for children 10 years and over accompanied by an adult.

Booking essential. Please contact **Fariha Quraishi** on **01524 581001** or email **fariha.quraishi@rspb.org.uk**

£5, approx 1 ½ hours, terrain guide 3, approx 1 mile



Events in May

Early Morning Birds and Bacon!

Saturday 5th May 6.30am

Bashall Eaves



Come and enjoy the sounds of spring in a special woodland setting with Lancashire Wildlife Trust. The guided walk round their nature reserve at Moor Piece is an ideal opportunity to see and hear some of the summer migrants that are found there. This will be followed by a full English breakfast at the charming Red Pump Inn in Bashall Eaves.

The walk follows rough, uneven ground which can also get very wet. Wellingtons are a good option. Suitable for children nine years and over accompanied by an adult.

Booking essential. For more information contact **Phil Dykes** at the **Wildlife Trust** on **07841 996722** or email **pdykes@lancswt.org.uk**

£10, 3 hours, terrain guide 5, 2 miles

Bluebell Tea Stroll

Every Sunday 6th, 13th, 20th,
27th May 1.30pm

Calder Vale Village Hall



A short walk every Sunday in May through a beautiful bluebell wood, a short climb to St. Johns Church and then an easy country walk along farm tracks back to the village hall for afternoon tea (at extra cost).

(Please go to Calder Vale village and not to St. John's Church as there is no through road between the two).

This walk is tramper-friendly but you will need to ring in advance in order to book the tramper and make sure that the gates are open.

Just turn up. For more information please contact **Visit Garstang Centre** on **01995602125** or email **garstangtc@wyre.gov.uk**

FREE, 1 hour, terrain guide 4, approx 2 miles, tramper-friendly



In Search of Sky Dancers

Monday 7th May 9.30am

Trough of Bowland



United Utilities



heritage lottery fund
LOTTERY FUNDED

Have you ever been lucky enough to witness the awe inspiring sky dance of a hen harrier? Join us for a walk along one of the Forest of Bowland's most stunning valleys and you may well be rewarded with a glimpse of this rare and enigmatic species. There's also fun to be had looking out for the elusive ring ouzel, or our smallest bird of prey the merlin or possibly the Forest of Bowland's most fearsome predator – the green tiger beetle! Bring a packed lunch and your binoculars if you have some. Suitable for children 10 years and older accompanied by an adult. These walks have been made possible with support from the Heritage Lottery Fund.

Booking essential. Please contact **Fariha Quraishi** on **01524 581001** or email **fariha.quraishi@rspb.org.uk**

£5, 4 to 5 hours, terrain guide 4, 5 miles

Garstang Monday Walk

Monday 7th May 10.30am

Garstang area



A circular walk from Garstang. Each walk will follow a different route (conditions permitting) taking advantage of the seasonal changes. Waterproofs and boots needed.

Booking essential. Please contact the **Visit Garstang Centre** on **01995 602125** or email **garstangtic@wyre.gov.uk**

£3/£2, 3 hours, terrain guide 4, 4-5 miles

Garstang Walking Festival

11th to 20th May

Garstang



A week long festival of walks in and around Garstang. Walkers will enjoy a wide variety of walks from heritage walks in the town and villages, riverside walks in the wooded valleys of the Brock and the Grizedale to upland walks in the Forest of Bowland Fells.

For further information contact the **Visit Garstang Centre** on **01995 602125**, email **garstangtic@wyre.gov.uk** or visit **www.wyre.gov.uk**



In Search of Sky Dancers

Saturday 12th May 9.30am



United Utilities



heritage lottery fund
LOTTERY FUNDED

Trough of Bowland

Have you ever been lucky enough to witness the awe inspiring sky dance of a hen harrier? Join us for a walk along one of the Forest of Bowland's most stunning valleys and you may well be rewarded with a glimpse of this rare and enigmatic species. There's also fun to be had looking out for the elusive ring ouzel, or our smallest bird of prey the merlin or possibly the Forest of Bowland's most fearsome predator – the green tiger beetle! Bring a packed lunch and your binoculars if you have some. Suitable for children 10 years and older accompanied by an adult. These walks have been made possible with support from the Heritage Lottery Fund.

Booking essential. Please contact **Fariha Quraishi** on **01524 581001** or email **fariha.quraishi@rspb.org.uk**

£5, 4 to 5 hours, terrain guide 4, 5 miles

Drystone Walling Workshop

Saturday and Sunday

12th and 13th May 9.00am

wyre
council

Beacon Fell area

Come along to learn the ancient rural craft of drystone walling. Gain expert tuition on this two-day course (Saturday and Sunday), which is suitable for complete beginners. Bring a packed lunch. Refreshments available from the café at extra cost.

Booking essential. Please contact the **Visit Garstang Centre** on **01995 602125** or email **garstangtc@wyre.gov.uk**

£30, 7 ½ hours



The Pendle Witches, 1612 - 2012

Wednesday 16th May 7.30pm

Barley



Four hundred years ago Pendle was at the heart of England's biggest single witch trial: nineteen witches were tried and ten hanged. But how did such an unusual witch trial come about in one of the 'dark corners of the land'? Historian Robert Poole of the University of Cumbria has just published an accessible, modern edition of the original book of the trial, 'The Wonderful Discovery of Witches in the County of Lancaster', our main source of information about the trial. In this illustrated talk he reveals the latest research and looks at the enduring fame of the Pendle witches.

Suitable for children 10 years and over accompanied by an adult. Tea and biscuits included.

Booking essential. Please contact the AONB office on 01200 448000 or email sandra.silk@lancashire.gov.uk

£2.50, 1 ½ hours, wheelchair-friendly

Dendrology Walk

Wednesday 16th May 10.00am

Brock area




A short, but interesting walk looking at all things woody - a mix of biodiversity and folklore.

Booking essential. Please contact the Visit Garstang Centre on 01995 602125 or email garstangtic@wyre.gov.uk

£3/£2, 2 ½ hours, terrain guide 2, approx 2 miles

Bowland Arts Festival

16 to 24 June 2012

A black and white woodcut-style illustration of a landscape. The scene is dominated by a winding path that leads from the foreground towards a small, simple building in the middle ground. The background features a dark, textured sky with horizontal lines, suggesting a forest or a misty atmosphere. The overall style is graphic and expressive, with strong contrasts between light and dark areas.

**Creative workshops
Family events
Open studios
Walks & trails
& more...**

www.bowlandarts.co.uk

Bowland Arts Festival Preview 16 to 24 June 2012

visit www.bowlandarts.co.uk for full details



This year the festival brings together a focus of exciting activities for nine days in June, all of which draw upon a unique landscape and its history. 2012 is the 400th anniversary of the trials and subsequent persecution of the Lancashire Witches and their journey from Pendle to Lancaster Castle, across the Bowland Fells. For this year's Festival many artists have been inspired to develop a deeper understanding of this history and its relevance to the world today. Visit www.lancashirewitches400.org

Exhibitions, community history walks, talks, workshops and events are being held which are suitable for a variety of ages and abilities with many events FREE.

Performances include:

Sabbat - The Trials of the Pendle Witches

Thurs 7 - Sat 16 June / Dukes Theatre, Lancaster

Tues 19 - Sat 23 June / Hoghton Tower, nr Preston, Lancs

Tel 01524 598500

Spot On, Lancashire's Rural Touring Network, are programming outdoor work in curious places (www.spotonlancashire.co.uk)

More Music will be inspiring people to sing in Wyre as part of this year's festival (www.moremusic.org.uk).

Exhibitions include:

Pendle Investigation, Joe Hesketh

1 - 30 June / Dukes Theatre, Lancaster

Free entry. Tel 01524 598500

Higherford Mill Open Studio Exhibition

Sat 16 & Sun 17 June / Higherford Mill, Barrowford / free.

Walking With Witches Open Studio Exhibition

16 - 24 June / Green Close Studios, Melling / free.

Revealed

Sun 24 June / Green Close Studios, Melling

Paper quilt event exploring the work of Stepping Stones Nigeria.

Events include:

Singing Ramble

16 June 1pm / Bleasedate Parish Hall / free. Tel 01524 831997

Bowland Blackout - switch it all off!

Thurs 21 June / Tel 015242 21233

Walk with Witches - Caton to Lancaster

Sat 23 June / All ages. £10 per person. Tel 015242 21233

Workshops include:

Lancashire Witches 400 Family workshops

16 - 22 June / Green Close Studios, Melling

Help design a paper quilt exploring Lancashire's witchcraft heritage. All ages. **Free.** Tel 015242 21233

Bowland Silver Clay Jewellery

Sat 16 June / Higherford Mill, Barrowford

Ages 18 plus. £75 per person. Tel 07790 541659.

Dance on the Summit Outdoor dance workshop.

Sun 17 June / Nicky Nook / free. All ages. Tel 01253 476522

Art for Beginners

Wed 20 June / Cobbled Corner, Chipping

All ages. £10 per person. Tel 0771 9927564

Fused Glass Workshop: Bowland Landscapes

Sat 23 June / Higherford Mill, Barrowford

Ages 18 plus. £75 per person. Tel 07790 541659

visit www.bowlandarts.co.uk

Bowland Arts Festival



The Bowland Arts Festival has been managed & co-ordinated by Green Close, over the last five years, it is led by the passion and enthusiasm of environmental artist & director Sue Flowers.

Festival partners include artists, musicians & dancers; arts organisations, museums, galleries, theatres; community groups, arts & countryside officers who have come together to celebrate the value & importance of the unique environment & culture of the Forest of Bowland (www.forestofbowland.com).

Interested in being involved?

tel 015242 21233

info@greenclose.org

visit www.bowlandarts.co.uk



Images with kind permission. Front page: Anita Burrows, Higherford Mill

Middle page: Dukes Theatre / Green Close, Back Page: Green Close.



Promoting City, Coast & Countryside



Lancashire's Great Escape





Discover Bowland: Through the eyes of a landscape researcher....

Thursday 17th May 7.30pm

Dunsop Bridge



A talk by Dr Graham Cooper describing the rationale for the enclosure of the uplands over the centuries. He will show how the style and course of dry-stone walling differed in the various enclosure periods and will discuss the agricultural and social impact of enclosure. Examples from Bowland, the Yorkshire Dales and the Lake District will be discussed, one wall probably dating back to the 12th century! The talk is well-illustrated. There will be an opportunity for discussion and refreshments.

Contributions to Bowland Tourism Environment Fund welcome.

This event links with a field trip on Saturday 19th May.

Booking essential. Please contact the **AONB office** on **01200 448000** or email **sandra.silk@lancashire.gov.uk**

FREE, 1 ½ hours

Cobble Hey Legstretcher

Friday 18th May 10.30am

Cobble Hey area



A pleasant, two hour circular walk during the Garstang Walking Festival taking in lovely rolling scenery from Cobble Hey Farm and Gardens. Refreshments available at the end of the walk (at extra cost).

Trampers must be booked in advance.

Just turn up. For more information contact the **Visit Garstang Centre 01995602125** or email **garstangtic@wyre.gov.uk**

£3/£2, 2 hours, terrain guide 3, approx 4 miles



Lapwing and Hare Trumper Trek

Friday 18th May 1.00pm

wyre
council

Cobble Hey area

Join the Countryside Rangers to look for Lapwings (and hopefully their chicks) and also maybe a hare or two. Bring along binoculars if you have them. Trampers available for those with difficulty walking – please request when booking.

Booking essential. Please contact the Visit Garstang Centre on 01995 602125 or email garstangtic@wyre.gov.uk

£3/£2, 3 hours, terrain guide 4, 4-5 miles, trumper-friendly

Discover Bowland: Through the eyes of a landscape researcher....

Saturday 19th May 10.00am



Grindleton

Starting from Grindleton village, we will climb up to Grindleton Fell and its forest, continue to Easington Fell with magnificent views of Pendle Hill to the south and the Hodder Valley to the north, and return along enclosure tracks, green lanes and through the Millennium Wood. Enclosures, dry-stone walls and other boundaries will be explored, and the history of Grindleton and its environs presented. Bring a packed lunch.

Booking essential. Please contact the AONB office on 01200 448000 or email sandra.silk@lancashire.gov.uk

FREE, 5-6 hours, terrain guide 4, 7 ½ miles

Woodland Chorus Walk

Saturday 19th May 7.00am

wyre
council

Brock area

Come and listen to the early morning birdsong. Listen, and spot woodland and river birds in the Brock Valley with the help of the RSPB. Breakfast is available at the end (at extra cost) at Cobble Hey Farm & Gardens (approx 1.5 miles away by car).

Booking essential. Please contact the Visit Garstang Centre on 01995 602125 or email garstangtic@wyre.gov.uk

£3/£2, 2 hours, terrain guide 3, approx 2 miles



Map and Compass course

Saturday 19th May 10.00am



Bowland Visitor Centre, Beacon Fell

A course covering the basics of navigation in the countryside. The course will be classroom based in the morning and outdoors in the afternoon. Bring a packed lunch or purchase food from café.

Booking essential. Please call 0845 0530011

£20, 6 hours, terrain guide 3, approx 3 miles

Bleasdale Monday Walk

Monday 21st May 10.00am



Bleasdale area

Join our regular walk from Bleasdale. Each walk will follow a different route (conditions permitting) taking advantage of seasonal changes. Bring a packed lunch.

Booking essential. Please contact the Visit Garstang Centre on 01995 602125 or email garstangtic@wyre.gov.uk

£4/£3, 4 hours, terrain guide 5, approx 5 miles

Ancient Woods and Burling Streams

Monday 21st May

9.45am



High Bentham

A walk to explore the lower end of the Keasden valley, looking at the ancient woodlands and tumbling streams that abound in the area. This walk will look at the importance of wildlife corridors in the valley and the work that is being undertaken to link habitats together.

This event is free, however, donations are welcome.

Booking essential. Please contact Julie Vass on 015242 62672 or email julie@pioneerprojects.org.uk

FREE, 3 ¼ hours, terrain guide 3, approx 5 miles



In Search of Sky Dancers

Saturday 26th May 9.30am

Trough of Bowland



United Utilities



heritage lottery fund
LOTTERY FUNDED

Have you ever been lucky enough to witness the awe inspiring sky dance of a hen harrier? Join us for a walk along one of the Forest of Bowland's most stunning valleys and you may well be rewarded with a glimpse of this rare and enigmatic species. There's also fun to be had looking out for the elusive ring ouzel, or our smallest bird of prey the merlin or possibly the Forest of Bowland's most fearsome predator – the green tiger beetle! Bring a packed lunch and your binoculars if you have some. Suitable for children 10 years and older accompanied by an adult. These walks have been made possible with support from the Heritage Lottery Fund.

Booking essential. Please contact **Fariha Quraishi** on **01524 581001** or email **fariha.quraishi@rspb.org.uk**

£5, 4 to 5 hours, terrain guide 4, 5 miles

A Walk on the Wet Side – the birds of Long Preston Deeps

Wednesday 30th May 2.00pm

Long Preston



Take this unique opportunity to visit an area which is being transformed into a spectacular haven for breeding wading birds and other amazing wildlife. Bring a drink and some binoculars if you have them. Terrain may be very wet or muddy and rocky.

Booking essential. Please contact **Fariha Quraishi** on **01524 581001** or email **fariha.quraishi@rspb.org.uk**

£5, 2 hours, terrain guide 2, approx 2miles, family-friendly

Hen Harrier Tagging and Tracking

Wednesday 30th May 9.30am

Trough of Bowland



Find out from Natural England's hen Harrier specialist how the population is being monitored and what new information is coming to light on the species as a result of this work. This walk will also look at the importance of moorland management to these enigmatic birds. Bring a packed lunch.

Booking essential. Please contact the **AONB office** on **01200 448000** or email **sandra.silk@lancashire.gov.uk**

£5, 4 ½ hours, terrain guide 4, 4 ½ miles



Events in June

Jaunty Jubilee Walk and High Tea

Monday 4th June 10.30am

Sawley



Meet Roger & Anne Dewhurst at the Spread Eagle for morning coffee and a bacon sandwich before setting off on a guided walk and learning more about this delightful part of the Forest of Bowland AONB. Participants are likely to spot birds and other wildlife and will learn more about another royal family associated with this area. The walk will end at the Spread Eagle with High Tea. Suitable for children 15 years and over accompanied by an adult. Bring food and a drink for the walk.

Booking essential. Please call **01200 441202** or email spread.eagle@zen.co.uk

£13.99, 4 ½ - 5 hours, terrain guide 3, 7 miles

Garstang Monday Walk

Monday 4th June 10.30am

Garstang area



A circular walk from Garstang. Each walk will follow a different route (conditions permitting) taking advantage of the seasonal changes. Waterproofs and boots needed.

Booking essential. Please contact the **Visit Garstang Centre** on **01995 602125** or email garstangtic@wyre.gov.uk

£3/£2, 3 hours, terrain guide 4, 4-5 miles

Beacon Fell Bushcraft for Kids

Wednesday 6th June 11.00am

Quarry car park, Beacon Fell



A chance to try your hand at fire lighting, shelter building and other bushcraft skills. Wear long sleeves and trousers and be prepared to be out in all weathers. Bring along a packed lunch.

Suitable for children eight to 14 years old.

Booking essential. Please call **0845 0530011**

FREE, 4 hours



Photograph Natural and Man-made Bowland

Thursday 7th June 10.00am

Abbeystead

Veronica
Caperon
PHOTOGRAPHY

A morning with your camera around natural and man-made features of Bowland. Learn how to get to grips with digital photography with an experienced professional photographer and go home with great photos. Designed for those with limited or no photographic experience but advanced photographers are welcome to join us on this basis. Bring your camera. Suitable for children 9 years and over accompanied by an adult. Reduced rates for family bookings (2 adults, 2 children).

Booking essential. Please contact **Veronica Caperon** on **01729 824537** or email **studio@veronicasgallery.co.uk**

£15/£5, 3 hours, terrain guide 3, approx 2 miles, family-friendly

In Search of Sky Dancers

Friday 8th June 9.30am

Trough of Bowland



United
Utilities



heritage
lottery fund
LOTTERY FUNDED

Have you ever been lucky enough to witness the awe inspiring sky dance of a hen harrier? Join us for a walk along one of the Forest of Bowland's most stunning valleys and you may well be rewarded with a glimpse of this rare and enigmatic species. There's also fun to be had looking out for the elusive ring ouzel, or our smallest bird of prey the merlin or possibly the Forest of Bowland's most fearsome predator – the green tiger beetle! Bring a packed lunch and your binoculars if you have some. Suitable for children 10 years and older accompanied by an adult. These walks have been made possible with support from the Heritage Lottery Fund.

Booking essential. Please contact **Fariha Quraishi** on **01524 581001** or email **fariha.quraishi@rspb.org.uk**

£5, 4 to 5 hours, terrain guide 4, 5 miles

Wildflowers at Gisburn Forest

Saturday 9th June 9.00am

Gisburn Forest

Lancashire
County
Council 

This circular walk takes you through the centre of Gisburn Forest to the beautiful churchyard of St. James and round by Stocks Reservoir to Slaidburn. Bring a packed lunch.

Booking essential. Please call **0845 0530011**

FREE, 7 hours, terrain guide 3, approx 6 miles



Birding in Gisburn Forest

Saturday 9th June 10.00am



Gisburn Forest

Come and join the RSPB's Gavin Thomas for a morning's guided walk around Hesbert Hall observing some of the many birds in the forest and looking at the work we are carrying out to attract wading birds. Fingers crossed we will have some Swallows nesting in the barns again this year. Please bring binoculars (if you have them), a packed lunch and your own drinking water. Tea and coffee provided. Children must be accompanied by an adult.

Booking essential. Please contact **Stephen Pickup** on 07514 408293 or email info@hesberthall.co.uk

£5, 3 hours, terrain guide 4, 2 miles, family-friendly

A Walk on the Wenning

Monday 11th June

10.00am



High Bentham

A walk along the River Wenning to look at recent work to improve the environment of the river. Bring your binoculars and let's see what wildlife we can find.

This event is free, however, donations are welcome.

Booking essential. Please contact **Julie Vass** on 015242 62672 or email julie@pioneerprojects.org.uk

FREE, 3 ½ hours, terrain guide 3, approx 5 miles

In Search of Sky Dancers

Saturday 16th June 9.30am



United Utilities



heritage lottery fund
LOTTERY FUNDED

Trough of Bowland

Have you ever been lucky enough to witness the awe inspiring sky dance of a hen harrier? Join us for a walk along one of the Forest of Bowland's most stunning valleys and you may well be rewarded with a glimpse of this rare and enigmatic species. There's also fun to be had looking out for the elusive ring ouzel, or our smallest bird of prey the merlin or possibly the Forest of Bowland's most fearsome predator – the green tiger beetle! Bring a packed lunch and your binoculars if you have some. Suitable for children 10 years and older accompanied by an adult. These walks have been made possible with support from the Heritage Lottery Fund.

Booking essential. Please contact **Fariha Quraishi** on 01524 581001 or email fariha.quraishi@rspb.org.uk

£5, 4 to 5 hours, terrain guide 4, 5 miles



Hay Meadow SSSI Flowers and Farming – Bell Sykes

Saturday 16th June 2.00pm

Slaidburn



A gentle stroll out from Slaidburn on a circular walk taking in wildflower SSSIs surrounding Bell Sykes farm - surely one of the Ribble Valley's most beautifully situated farm houses. Flower identification and discussion on farming methods ancient and modern with two ecologists of unrivalled local knowledge. Refreshments included.

Booking essential. Please contact the **AONB office** on **01200 448000** or email **sandra.silk@lancashire.gov.uk**

£5, 3 hours, terrain guide 3, 3 miles, family-friendly

Sabbat: The Trials of the Pendle Witches

Saturday 16th June Variable

The Dukes, Lancaster



Sabbat: The Trials of the Pendle Witches

By Richard Shannon

Directed by Amy Leach

Good Friday 1612. High on a hill in the wild and lawless area of Pendle, a secret meeting is held at Malkin Tower. By the end of the year, most of those present have been sentenced to death at Lancaster Castle – hanged for the crime of witchcraft.

400 years later and the story of The Lancashire Witches is as fascinating as ever. After playing to record breaking audiences in Spring 2009, The Dukes is reviving the production to commemorate the anniversary of the county's famous witch trials. Suitable for children 12 years and over accompanied by an adult.

After playing in The Round at The Dukes, Sabbat will be touring in Lancashire and beyond. For more information visit www.sabbattheplay.org

This production runs from **7th June**.

Booking advised. Please call **01524 598500**

£9+, wheelchair-friendly



Bowland-inspired Silver Clay Jewellery

Saturday 16th June 10.00am – 4.00pm

Higherford Mill, Barrowford



Create silver clay pendants/earrings inspired by the flora and fauna of the Forest of Bowland. When fired, the clay is transformed into 999 solid silver. Course includes tea/coffee and light lunch. Please note, there is an additional charge for silver clay or you may bring your own.

Booking essential. Please contact **Karen Redmayne** on **07790 541659**

£75, 6 hours, wheelchair-friendly

A Singing Walk with Anni Tracy

Saturday 16th June 1.00pm

Bleasdale Parish Hall



An afternoon ramble singing as we go through the beautiful countryside. No experience necessary. Wear suitable footwear and clothing.

Just turn up. For more information contact **Anni Tracy** on **01524 831997** or email anni.tracy@moremusic.org.uk

FREE, approx 2 ½ hours, terrain guide 3, 3 ½ miles

Higherford Mill Open Studios

Saturday and Sunday 16th and 17th June

11.00am – 4.00pm

Higherford Mill, Barrowford



Artists at Higherford Mill open their studios to the public. Plenty to see including ceramics, glass, print, photography, textiles, paintings and jewellery. Refreshments will be available.

Just turn up. For more information please call **07790 541659**

FREE, 5 hours, wheelchair-friendly



Pendle Investigation, Jo Hesketh

Daily 16th – 24th June 10.00am – 10.00pm

The Dukes, Lancaster



Joe, of Higherford Mill in Barrowford, is an oil painter and her work is big with expressive composition, strange beauty, sinister overtones and humour.

This work, inspired by the Pendle Witches, is an investigation into the story of a place that vibrates with energy focused on a view of a world in 1612 and the incidents that occurred. This work is a creative response to the artist's relationship with a place, its culture and history. It is no coincidence that Joe lives and works in the shadow of Pendle Hill.

Please note, on occasion, the gallery space is closed to the public. Please call ahead to check before making a special trip. This exhibition runs from 1st to 30th June.

Just turn up. For more information call **01524 598500**

FREE, wheelchair-friendly

Walking with Witches Open Studio Exhibition

Daily 16th – 24th June

11.00am – 5.00pm



Green Close Studios, Melling

Open Studio Exhibition showing some of the artistic outputs and schools' work Green Close have been realising in their Lancashire Witches 400 project – exploring our understanding of the Lancashire Witches 400 years since their trial and subsequent persecution in 1612.

Just turn up. For more information contact **Green Close Studios** on **015242 21233** or email **info@greenclose.org**

FREE, wheelchair-friendly, family-friendly

Lancashire Witches 400 Family Workshops

Daily 16th – 22nd June

11.00am – 5.00pm



Green Close Studios, Melling

Free, family-fun creative workshops. Come and learn about the history of the Lancashire Witches, and create artwork to become part of a large community paper quilt, which will be revealed on Sunday 24th June.

Just turn up. For more information contact **Green Close Studios** on **015242 21233** or email **info@greenclose.org**

FREE, wheelchair-friendly, family-friendly



The Flowers and the Bees

Sunday 17th June 2.00pm

Hanson's car park, West Bradford Road, Clitheroe

Bumblebee expert, Brian Robinson, links in with Lancashire Wildlife Trust for a guided walk round Cross Hill Quarry Nature Reserve looking at the wildflower meadows and learning about the bees found there. An opportunity for a closer look at these important insects and the flowers that depend on them. Suitable for children nine years and over accompanied by an adult.



Just turn up. For more information contact **Phil Dykes** on **07841 996722** or email **pdykes@lancswt.org.uk**

FREE, 2 hours, terrain guide 2, 2 miles

Dance on the Summit (Nicky Nook)

Sunday 17th June 12.00 noon

Nicky Nook summit, nr Scorton



Come along and dance in the sunshine (fingers crossed) on Nicky Nook summit. Suitable for all ages and members of the family, even if you've got two left feet!

Dances happen every hour on the hour between 12pm and 4pm. Bring some water to drink.

Just turn up. For more information call **01253 476522** or email **sarah.hall@blackpool.gov.uk**

FREE, terrain guide 5, dogs permitted

Bleasdale Monday Walk

Monday 18th June 10.00am

Bleasdale area



Join our regular walk from Bleasdale. Each walk will follow a different route (conditions permitting) taking advantage of seasonal changes. Bring a packed lunch.

Booking essential. Please contact the **Visit Garstang Centre** on **01995 602125** or email **garstangtic@wyre.gov.uk**

£4/£3, 4 hours, terrain guide 5, approx 5 miles



Sabbat: The Trials of the Pendle Witches

Tuesday to Saturday 19th – 23rd June Various

Hoghton Tower, nr Preston



Sabbat: The Trials of the Pendle Witches

By Richard Shannon

Directed by Amy Leach

Good Friday 1612. High on a hill in the wild and lawless area of Pendle, a secret meeting is held at Malkin Tower. By the end of the year, most of those present have been sentenced to death at Lancaster Castle – hanged for the crime of witchcraft.

400 years later and the story of The Lancashire Witches is as fascinating as ever. After playing to record breaking audiences at The Dukes in Spring 2009, The Dukes is reviving the production to commemorate the anniversary of the county's famous witch trials. Suitable for children 12 years and over accompanied by an adult.

For more information, images and video visit

www.sabbattheplay.org

Booking advised. Please call **01524 598500**

Variable cost

Bowland Art for Beginners

Wednesday 20th June 10.00am



Chipping

A crash course in the basics of art (i.e. sketching, watercolour painting, perspective, shading, etc). The sessions will take place upstairs in the Cobbled Corner, Chipping.

Booking essential. Please contact **Heidi Berry** on **07719 927564** or email heidi.berry@hotmail.co.uk

£10, 5 hours, family-friendly

Bowland Blackout

Thursday 21st June All day



Forest of Bowland

On the longest day of the year – with the maximum amount of daylight hours – join us in the Bowland Blackout; an environmental campaign that aims to help us consume less. Turn off your electrical appliances, walk, cycle, stay at home. Take a day to show you care for our special environment - the Forest of Bowland.

Register participation at info@greenclose.org or call **015242 21233**

FREE



Fused Glass Inclusions: Bowland Landscapes

Saturday 23rd June 10.00am – 4.00pm

Higherford Mill, Barrowford



Create fused glass bowls/mobiles/canvas art or jewellery using materials/organic matter found in and around the Forest of Bowland. You will also have the opportunity to create glass landscapes inspired by Bowland. Course includes tea/coffee and light lunch. All materials included except dichroic glass and silver findings.

Booking essential. Please call **Karen Redmayne** on **07790 541659**

£75, 6 hours, wheelchair-friendly

Walk with Witches from Caton to Lancaster

Saturday 23rd June

9.00am – 5.00pm



Lancaster city centre

Join us on a special journey to explore the final stages of a new walking route being developed, which runs from Pendle to Lancaster across the Bowland Fells. The walk will be accompanied by creative heritage specialists who will help you to explore our understanding of the history of the Lancashire Witches and its relevance to the world today.

Walk over farmland with livestock plus sections along tarmac. Family-friendly. Bring a packed lunch.

Cost includes minibus travel from end of journey to start point.

Booking essential. Please call **Sue Flowers** on **015242 21233** or email **info@greenclose.org**

£10, 8 hours, terrain guide 4, 7 miles, tramper-friendly

Revealed!

Sunday 24th June 3.00pm

Green Close Studios, Melling



Families are invited to the launch of the new community paper quilt, to learn a little about the history of the Lancashire Witches and the work of the charity Stepping Stones Nigeria. Refreshments available.

Just turn up. For more information call **Sue Flowers** on **015242 21233** or email **info@greenclose.org**

FREE, 3 hours, wheelchair-friendly, family-friendly



Mad About Meadows: traditional flowers in the Mewith area

Monday 25th June 10.00am

High Bentham

Lancashire
County
Council



PIONEER PROJECTS
PIONEER PROJECTS - CELEBRATORY ARTS - LTD

Let's explore the traditional hay meadows of the Mewith area and look at some of the unique plants within these important grasslands. Bring a flower ID guide and learn more from our two group leaders.

This event is free, however, donations are welcome.

Booking essential. Please contact **Julie Vass** on **015242 62672** or email **julie@pioneerprojects.org.uk**

FREE, 3 hours, terrain guide 3, 3-4 miles

Photograph Little-known Bowland

Saturday 30th June 10.00am

Lawkland

Veronica
Caperon
PHOTOGRAPHY

A day in a beautiful little-known corner of Bowland overlooking the Yorkshire Dales. Get to grips with digital photography and go home with great photos. The day includes an introduction to taking better pictures then a tutored photo-walk with professional photographer, and a review of your photos over tea and cakes at the end of the day! Designed for those with limited or no photographic experience but advanced photographers are welcome to join us on this basis. Suitable for children 14 years and over accompanied by an adult. Bring a camera and download lead plus a packed lunch. Tea and cakes provided.

Booking essential. Please contact **Veronica Caperon** on **01729 824537** or email **studio@veronicasgallery.co.uk**

£35, 6 hours, terrain guide 3, approx 2 miles



Events in July

Wyresdale Ramble

Sunday 1st July 10.00am

Scorton area



A circular walk taking in part of The Wyre Way with some fantastic scenery. Bring a packed lunch.

Booking essential. Please contact the Visit Garstang Centre on 01995 602125 or email garstangtic@wyre.gov.uk

£4/£3, 5 hours, terrain guide 4, 9-10 miles

Garstang Monday Walk

Monday 2nd July 10.30am

Garstang area



A circular walk from Garstang. Each walk will follow a different route (conditions permitting) taking advantage of the seasonal changes. Waterproofs and boots needed.

Booking essential. Please contact the Visit Garstang Centre on 01995 602125 or email garstangtic@wyre.gov.uk

£3/£2, 3 hours, terrain guide 4, 4-5 miles

Discover Bowland: Through the eyes of a botanist...

Thursday 5th July 7.00pm

Tosside



One of our Discover Bowland series of walks and talks, this talk focuses on the wildflower meadows, pastures and verges of the Forest of Bowland AONB. Delivered by Jon Hickling of Natural England and Geoff Morries, local ecologist; this illustrated talk is followed by a walk through Barn Gill meadows on Sunday 8th July. Refreshments available.

Suitable for children 14 years and over accompanied by an adult.

Contributions to Bowland Tourism Environment Fund welcome.

Just turn up. For more information contact the AONB office on 01200 448000 or email cathy.hopley@lancashire.gov.uk

FREE, 1 ½ hours, wheelchair-friendly



In Search of Sky Dancers

Friday 6th July 9.30am

Trough of Bowland



Have you ever been lucky enough to witness the awe inspiring sky dance of a hen harrier? Join us for a walk along one of the Forest of Bowland's most stunning valleys and you may well be rewarded with a glimpse of this rare and enigmatic species. There's also fun to be had looking out for the elusive ring ouzel, or our smallest bird of prey the merlin or possibly the Forest of Bowland's most fearsome predator – the green tiger beetle! Bring a packed lunch and your binoculars if you have some. Suitable for children 10 years and older accompanied by an adult. These walks have been made possible with support from the Heritage Lottery Fund.

Booking essential. Please contact **Fariha Quraishi** on **01524 581001** or email fariha.quraishi@rspb.org.uk

£5, 4 to 5 hours, terrain guide 4, 5 miles

Renewable Energy Study Tour

Saturday 7th July 10.00am

Clitheroe Interchange



A tour around a number of sites in the AONB to find out more about how and why communities and businesses have installed renewable energy technologies. This year the tour will include a variety of technologies, including some of the developing hydro sites in the area. This is a minibus tour and will include a number of short walks to view sites. Bring a packed lunch. Suitable for children 14 years and over accompanied by an adult.

Booking essential. Please call **Cathy Hopley** on **01200 448000** or email cathy.hopley@lancashire.gov.uk

£10, 6 hours, terrain guide 2



Discover Bowland: Through the eyes of a botanist...

Sunday 8th July 2.00pm

Dalehead



A gentle guided walk through the beautiful wildflower meadows at Barn Gill, Dalehead. This walk is led by Jon Hickling of Natural England who advises on the management of this SSSI meadow, and Geoff Morries a local ecologist, and will illustrate the talk given by them on Thursday 5th July. There will also be an opportunity to meet the farmer to find out more about how this site is managed for wildlife. Bring a wildflower ID book if you have one.

Suitable for children 14 years and over accompanied by an adult.

Booking essential. Please contact **Cathy Hopley** on **01200 448000** or email **cathy.hopley@lancashire.gov.uk**

FREE, 2 ½ hours, terrain guide 3, 3 miles

Fourstones Legstretcher

Monday 9th July

9.45am

High Bentham



Enjoy a walk from the Great Stone to Bentham looking at how the countryside and landscape is being managed under the guidance of a local ranger.

This event is free, however, donations are welcome.

Booking essential. Please contact **Julie Vass** on **015242 62672** or email **julie@pioneerprojects.org.uk**

FREE, 3 ¾ hours, terrain guide 3, 3-4 miles

Photograph Hay Meadows in Bowland

Friday 13th July 10.00am

Slaidburn



A riot of colour for your camera around rare traditional hay meadows near Slaidburn. Learn how to get to grips with digital photography with an experienced professional photographer and go home with great photos. Designed for those with limited or no photographic experience but advanced photographers are welcome to join us on this basis. Bring a camera. Suitable for children nine years and over accompanied by an adult. Reduced rate for family bookings (2 adults and 2 children).

Booking essential. Please contact **Veronica Caperon** on **01729 824537** or email **studio@veronicagallery.co.uk**

£15/£5, 3 hours, terrain guide 3, approx 2 miles, family-friendly



Bleasdale Monday Walk

Monday 16th July 10.00am



Bleasdale area

Join our regular walk from Bleasdale. Each walk will follow a different route (conditions permitting) taking advantage of seasonal changes. Bring a packed lunch.

Booking essential. Please contact the Visit Garstang Centre on 01995 602125 or email garstangtic@wyre.gov.uk

£4/£3, 4 hours, terrain guide 5, approx 5 miles

Wildflower Walk

Wednesday 18th July 2.00pm

Lincoln Way, Salthill Industrial Estate, Clitheroe



Lancashire,
Manchester &
N Merseyside

Guided walk with Lancashire Wildlife Trust round their Salthill Quarry Nature Reserve. The walk is set in mid July to take in one of the sites specialities – the lovely purple flowering betony which should be at its best. It produces a real show on the limestone rich meadow. Good paths all round the reserve. Suitable for children nine years and over accompanied by an adult.

Just turn up. For more information call Phil Dykes on 07841 996722 or email pdykes@lancswt.org.uk

FREE, 2 hours, terrain guide 2, 1 mile, tramper-friendly

Dig it....indoors!

Sunday 22nd July 1.00pm, 2.00pm or 3.00pm

Tosside Village Hall



Area of Outstanding Natural Beauty

Celebrate the Festival of British Archaeology by getting stuck in at our family-friendly, table-top "dig" and artefact ID event. Have a go and discover how professional archaeologists go about their excavations: how they record what they find and what can be learned from the artefacts they dig up. Bring along your own "artefacts" for identification.

Booking essential. Please contact Sandra Silk on 01200 448000 or email sandra.silk@lancashire.gov.uk

FREE, 1 hour, family-friendly



In the Foothills of Pendle Hill

Friday 27th July 10.30am

Sawley



Meet Roger & Anne Dewhurst at the Spread Eagle for morning coffee and a bacon sandwich before setting off on a guided walk and learning more about this delightful part of the Forest of Bowland AONB. Participants are likely to spot birds and other wildlife. This walk is on tracks and paths with some steeper climbs and some rough walking. Suitable for children 15 years and over accompanied by an adult. Bring a packed lunch.

Booking essential. Please call 01200 441202 or email spread.eagle@zen.co.uk

£13.99, 5 hours, terrain guide 3, 7 miles

Bat Walk

Friday 27th July 9.00pm

Brungerley Park, Clitheroe



Lancashire,
Manchester &
N Merseyside

Take a late evening walk through Brungerley Park and into Cross Hill Quarry Nature Reserve on the hunt for bats. Listen to their calls with our bat detectors. Wrap up warm and bring a torch. Families welcome.

Good paths throughout walk. Suitable for children nine years and over accompanied by an adult.

Just turn up. For more information contact **Phil Dykes** on 07841 996722 or email pdykes@lancswt.org.uk

FREE, 2 hours, terrain guide 2, 1 mile,
tramper-friendly, family-friendly

Green Woodcraft Day

Saturday 28th July 10.00am – 3.00pm

Bowland Visitor Centre, Beacon Fell



A family fun day at Beacon Fell, including a pole lathe demonstration, besom broom making, bird box making and more.

Just turn up. For more information contact 0845 0530011

FREE



Events in August

Clitheroe Food Festival

Saturday 4th August 9.30am – 5.00pm

Clitheroe Town Centre

In 2011, in its very first year, the festival came third as "Best Tourism Event" voted by the general public. Showcasing only Lancashire food and drink producers, 2012 promises to be bigger and better!

This year the AONB will be staging a "Bowland Cook-off" involving chefs, cooks and local produce from throughout the area.

Just turn up. For further information contact **Clitheroe Tourist Information Centre** on **01200 425566**

Cost varies, 7 ½ hours

Insect Safari

Saturday 4th August 2.00pm

Bowland Visitor Centre, Beacon Fell



Discover fascinating creatures that creep, crawl and fly. Learn how to use nets, traps, pooters and pots to capture and study these creatures.

Children must be accompanied by an adult.

Booking essential. Please call **0845 0530011**

FREE, 2 hours, terrain guide 3, family-friendly

In the Footsteps of the Cistercians

Monday 6th August 2.15pm

Sawley



Meet a local resident who will talk about the history of Sawley Abbey, founded in 1148. You will then walk around the village to get a different perspective of the site of this former Cistercian abbey near the banks of the river Ribble and beneath dramatic Pendle Hill. Afterwards participants will have Afternoon Tea at the Spread Eagle, Sawley.

Sawley Abbey and the Spread Eagle are wheelchair-friendly but some of the walk route will not be.

Booking essential. Please call **01200 441202** or email **spread.eagle@zen.co.uk**

£12.95, 2 ¼ hours, terrain guide 2, 1 mile



Garstang Monday Walk

Monday **6th August** 10.30am



Garstang area

A circular walk from Garstang. Each walk will follow a different route (conditions permitting) taking advantage of the seasonal changes. Waterproofs and boots needed.

Booking essential. Please contact the **Visit Garstang Centre** on **01995 602125** or email garstangtic@wyre.gov.uk

£3/£2, 3 hours, terrain guide 4, 4-5 miles

Bleasdale Monday Walk

Monday **20th August** 10.00am



Bleasdale area

Join our regular walk from Bleasdale. Each walk will follow a different route (conditions permitting) taking advantage of seasonal changes. Bring a packed lunch.

Booking essential. Please contact the **Visit Garstang Centre** on **01995 602125** or email garstangtic@wyre.gov.uk

£4/£3, 4 hours, terrain guide 5, approx 5 miles

Pole Lathe Demonstration

Saturday **25th August** 10.00am – 3.00pm



Bowland Visitor Centre, Beacon Fell

A great opportunity to see a traditional pole lathe and shave horse in use.

Just drop in. For more information call **0845 0530011**

FREE, family-friendly

Bug Hunt at the Abbey

Monday **27th August** 10.30am and 2.00pm



Whalley Abbey

Come and hunt for bugs round the grounds of Whalley Abbey. Nets and pots provided to help with the search and to check on what you have caught. Other bug related activities also taking place. Fun for all of the family.

Just turn up. For more information contact **Phil Dykes** on **07841 996722** or email pdykes@lancswt.org.uk

FREE, 1 ½ hours, wheelchair- friendly, family-friendly, dogs permitted



Events in September

Pendle Walking Festival

1st September to 9th September

Pendle

Pendle's award-winning event is now regarded as the biggest free walking festival in the country. There will be free guided walks every day to suit walkers of all abilities, ranging from easy canalside walks of a couple of miles to fantastic challenge walks like the Pendle Way.

For more information call **01282 661981** or visit www.visitpendle.com

Spoon Carving Workshop

Saturday 1st September 10.00am

Bowland Visitor Centre, Beacon Fell



A good introduction to green woodcraft techniques. This one day adult workshop will provide you with the materials needed and show you how to make a hand carved spoon. Bring a packed lunch.

Booking essential. Please call **0845 0530011**

£20, 5 hours

Batty at Brock

Sunday 2nd September 8.00pm

Brock Valley area



A short walk along the Brock Valley in search of bats. Bring a drink with you.

Booking essential. Please contact the Visit Garstang Centre on **01995 602125** or email garstangtic@wyre.gov.uk

£3/£2, 1 ½ hours, terrain guide 2, 1-2 miles

Garstang Monday Walk

Monday 3rd September 10.30am

Garstang area



A circular walk from Garstang. Each walk will follow a different route (conditions permitting) taking advantage of the seasonal changes. Waterproofs and boots needed.

Booking essential. Please contact the Visit Garstang Centre on **01995 602125** or email garstangtic@wyre.gov.uk

£3/£2, 3 hours, terrain guide 4, 4-5 miles



Walk with Witches Day 1

Thursday 6th September

9.00am



Barrowford

Walk the new route being developed by Green Close, which runs from Pendle to Lancaster across the Bowland Fells. The walk will be accompanied by creative heritage specialists who will help you to explore our understanding of the history of the Lancashire Witches and its relevance to the world today. Bring a packed lunch. Cost includes minibus travel from end of journey to start point. Reduced cost if booking on all four days.

Day 1 Barrowford to Read is across farmland fields with livestock and many stiles with some steep sections.

Booking essential. Please contact **Sue Flowers** on **015242 21233** or email **info@greenclose.org**

£15, 8 hours, terrain guide 4, 12 miles

Walking with Witches Day 2

Friday 7th September

9.00am



Slaidburn

Walk the new route being developed by Green Close, which runs from Pendle to Lancaster across the Bowland Fells. The walk will be accompanied by creative heritage specialists who will help you to explore our understanding of the history of the Lancashire Witches and its relevance to the world today. Bring a packed lunch. Cost includes minibus travel. Reduced cost if booking on all four days.

Day 2 between Read and Slaidburn is across farmland fields with livestock and lots of stiles taking in Wiswell Moor and Clitheroe.

Booking essential. Please contact **Sue Flowers** on **015242 21233** or email **info@greenclose.org**

£15, 8 hours, terrain guide 4, 14 miles



Lancashire's Hidden Treasure

Friday 7th September

11.00am – 3.00pm



Chipping Village Hall

Lancashire Archives is the home of 900 years of Lancashire's archival heritage. Come along and meet some of the people responsible for looking after this treasure trove of information and take the chance to explore original archives from Chipping and the surrounding area. Tea and biscuits provided.

Just turn up. For more information please call the **AONB office** on **01200 448000** or email sandra.silk@lancashire.gov.uk

FREE

Clitheroe Castle Museum

Heritage Open Day

Friday 7th September 11.00am – 5.00pm

Clitheroe

Enjoy free entry to Clitheroe Castle Museum and explore the history, heritage and geology of the local area, including Bowland and Pendle Hill, through some fascinating displays. Café available on site.

Just turn up. For more information please call **01200 424568** or email clitheroecastlemuseum@lancashire.gov.uk

FREE, wheelchair-friendly

Newton Heritage Evening Walk

Friday 7th September 6.30pm

Newton-in-Bowland



A circular walk around Newton in Bowland with Geoff Morries, ecologist and local historian, taking in the flora fauna, landscape patterns and history of this beautiful and historic village. Newton was an early centre for non conformism and we will visit both the Congregationalist Chapel and Quaker graveyard. Refreshments available at the Parkers Arms after the walk (at extra cost).

Booking essential. Please call the **AONB office** on **01200 448000** or email sandra.silk@lancashire.gov.uk

£2, 1 ½ hours, terrain guide 3, 2 miles, family-friendly



Bowland Heritage Classic Tour

Saturday 8th September 9.30am

Garstang



A fantastic chance to discover some of Bowland's heritage – both built and natural. Step back in time as we climb aboard one of Cumbria Classic Coaches' wonderful vintage vehicles for a journey around the west of the AONB. We will be stopping off at a number of locations along the way - some of which are not normally open to the public - to find out a little bit more about their place in history. Bring along a packed lunch, waterproofs and strong shoes. Some walking involved.

A second tour is planned for the 9th September from Clitheroe.

Booking essential. Booking and deposit by **24th August, 2012.** Please contact the **AONB office** on **01200 448000** or email **sandra.silk@lancashire.gov.uk**

£16, 6 ½ hours

Walk with Witches Day 3

Saturday 8th September
9.00am



Slaidburn

Walk the new route being developed by Green Close, which runs from Pendle to Lancaster across the Bowland Fells. The walk will be accompanied by creative heritage specialists who will help you to explore our understanding of the history of the Lancashire Witches and its relevance to the world today. Bring a packed lunch. Cost includes minibus travel from end of journey to start point. Reduced cost if booking on all four days.

Day 3 between Slaidburn and High Salter takes in farmland and open exposed moorland and involves uphill walking for a large part of the day.

Booking essential. Please contact **Sue Flowers** on **015242 21233** or email **info@greenclose.org**

£15, 8 hours, terrain guide 4, 10 miles



Walk with Witches Day 4

Sunday 9th September
9.00am



Lancaster city centre

Walk the new route being developed by Green Close, which runs from Pendle to Lancaster across the Bowland Fells. The walk will be accompanied by creative heritage specialists who will help you to explore our understanding of the history of the Lancashire Witches and its relevance to the world today.

Bring a packed lunch. Cost includes minibus travel. Reduced cost if booking on all four days.

Day 4 between High Salter Farm and Lancaster City includes open and exposed farmland with livestock and stiles plus several miles of walking along tarmac.

Booking essential. Please contact **Sue Flowers** on 015242 21233 or email info@greenclose.org

£15, 8 hours, terrain guide 4, 13 miles

Bronze Age Circle - Bleasdale

Sunday 9th September 1.00pm

Bleasdale area



A walk around Bleasdale including St. Eadmer's Church and Bleasdale circle. Enjoy an exhibition of local history followed by tea and cakes. (Refreshments at extra cost).

Booking essential. Please contact the **Visit Garstang Centre** on 01995 602125 or email garstangtic@wyre.gov.uk

£3/£2, 4 hours, terrain guide 3, 3-4 miles



Bowland Heritage Classic Tour

Sunday 9th September 9.30am



Clitheroe Interchange

A fantastic chance to discover some of Bowland's heritage – both built and natural. Step back in time as we climb aboard one of Cumbria Classic Coaches' wonderful vintage vehicles for a journey around the west of the AONB. We will be stopping off at a number of locations along the way - some of which are not normally open to the public - to find out a little bit more about their place in history. Bring along a packed lunch, waterproofs and strong shoes. Some walking involved.

A second tour is planned for the 9th September from Clitheroe.

Booking essential. Booking and deposit by **24th August, 2012.** Please contact the **AONB office** on **01200 448000** or email **sandra.silk@lancashire.gov.uk**

£16, 6 ½ hours

Fungi Wander

Sunday 16th September 1.00pm



Scorton area

Join the Wyre Rangers for a wander down the Grizedale Valley looking for Fungi. Please book trampers in advance.

Booking essential. Please contact the **Visit Garstang Centre** on **01995 602125** or email **garstangtic@wyre.gov.uk**

£3/£2, 2 hours, terrain guide 3, 2-3 miles, tramper-friendly



Bleasdale Monday Walk

Monday 17th September 10.00am

wyre
council

Bleasdale area

Join our regular walk from Bleasdale. Each walk will follow a different route (conditions permitting) taking advantage of seasonal changes. Bring a packed lunch.

Booking essential. Please contact the Visit Garstang Centre on 01995 602125 or email garstangtic@wyre.gov.uk

£4/£3, 4 hours, terrain guide 5, approx 5 miles

Cycle Adventure: Mountain Biking Skills Taster Session

Saturday 29th September

10.30am and 2.00pm



Slaidburn

Learn the basics of how to confidently tackle a range of off road terrain and open up a whole network of tracks and trails to explore at your own leisure.

Participant bikes must be in good working order and be a mountain bike. Hire available from Cycle Adventure if required. Bring clothes suitable for mountain biking, water, snacks and a small rucksack.

This is a green/blue graded mountain bike trail activity.

Booking essential. Please contact **Stuart** at Cycle Adventure on 07518 373007 or email stuart@cycle-adventure.co.uk

£25, 2 hours, approx 8 miles

Events in September



Events in October

Garstang Monday Walk

Monday 1st October 10.30am

Garstang area



A circular walk from Garstang. Each walk will follow a different route (conditions permitting) taking advantage of the seasonal changes. Waterproofs and boots needed.

Booking essential. Please contact the Visit Garstang Centre on 01995 602125 or email garstangtic@wyre.gov.uk

£3/£2, 3 hours, terrain guide 4, 4-5 miles

Cycle Adventure: Guided Mountain Bike Tour of Salter Fell

Saturday 6th October 10.30am

Slaidburn



Experience the grandeur and isolation of one of the finest moorland crossings in England with spectacular views of the Forest of Bowland and the Yorkshire Dales. Quiet lanes and bridleway with a mixture of grassy/rutted/loose stone tracks. Some short but moderate climbing.

Participant bikes must be in good working order and be a mountain bike. Hire available from Cycle Adventure if required. Bring clothes suitable for mountain biking, water, packed lunch and small rucksack.

Booking essential. Please contact Stuart at Cycle Adventure on 07518 373007 or email stuart@cycle-adventure.co.uk

£25, approx 5 hours, terrain guide 4, approx 20 miles

Map and Compass Course

Saturday 13th October 10.00am

Bowland Visitor Centre, Beacon Fell



A course covering the basics of navigation in the countryside. The course will be classroom-based in the morning and outdoors in the afternoon. Please wear walking attire and suitable footwear and bring a packed lunch.

Booking essential. Please call 0845 0530011

£20, 6 hours, terrain guide 3, approx 3 miles



Bleasdale Monday Walk

Monday 15th October 10.00am

Bleasdale area

wyre
council

Join our regular walk from Bleasdale. Each walk will follow a different route (conditions permitting) taking advantage of seasonal changes. Bring a packed lunch.

Booking essential. Please contact the **Visit Garstang Centre** on **01995 602125** or email garstangtic@wyre.gov.uk

£4/£3, 4 hours, terrain guide 5, approx 5 miles

Photograph Autumn in Bowland

Monday 29th October 10.00am

Stephen Park, Gisburn Forest

Veronica
Caperon
PHOTOGRAPHY

A morning with your camera capturing Autumn colours in wooded Bowland. Learn how to get to grips with digital photography with an experienced professional photographer and go home with great photos. Designed for those with limited or no photographic experience but advanced photographers are welcome to join us on this basis. Suitable for children nine years and over accompanied by an adult. Bring a camera. Reduced rate for family bookings (2 adults and 2 children).

Booking essential. Please contact **Veronica Caperon** on **01729 824537** or email studio@veronicagallery.co.uk

£15/£5, 3 hours, terrain guide 3, approx 2 miles,
family-friendly



Events in November

Bleasdale Legstretcher

Friday 9th November 10.30am

Bleasdale area



A pleasant, two hour circular walk in the Bleasdale Estate. Refreshments available at the end of the walk (at extra cost). Trampers must be booked in advance.

Just turn up. For more information contact the Visit Garstang Centre on 01995602125 or email garstangtic@wyre.gov.uk

£3/£2, 2 hours, terrain guide 4, 4 miles, tramper-friendly

Introduction to Greenwood Working

Saturday and Sunday 10th and 11th November 10.00am

Bleasdale area



An introduction to greenwood working. Over the two days learn some basic skills and make a stool from a single log. Suitable for children 16 years and over if accompanied by an adult. Limited places available; please book early. Please bring warm clothing as well as a packed lunch and drink.

Booking essential. Please call the Visit Garstang Centre on 01995 602125 or email garstangtic@wyre.gov.uk

£30, 6 hours

Navigation Walk and Workshop

Saturday 24th November 9.30am

Cobble Hey area



Come and learn the basics of navigation and what information is on which map. Plan a walk in an indoor session and then try your new skills outside on an afternoon walk. Bring a packed lunch and your own compass, if you have one (but do not buy one especially for this walk). Note: this is the first of 2 sessions; the second date will be arranged at the end of the walk to suit all participants.

Suitable for children over 12 years old if accompanied by an adult.

Please book trampers in advance.

Booking essential. Please call the Visit Garstang Centre on 01995 602125 or email garstangtic@wyre.gov.uk

£10, 6 ½ hours, terrain guide 4, 1-3 miles, tramper-friendly



Events in December

Walking in a Winter Wonderland

Sunday 9th December 1.00pm

Bleasdale Parish Hall

wyre
council

Escape the Christmas hustle and bustle and join the Rangers for a wander in a winter wonderland. We may even sing a carol or two.

Bring a drink with you for the walk. Refreshments available in the Parish Hall afterwards (at extra cost).

Just turn up. For more information contact the Visit Garstang Centre on **01995602125** or email garstangtic@wyre.gov.uk

£3/£2, 2 hours, terrain guide 4, 4-5 miles, tramper-friendly

Scorton Legstretcher

Friday 14th December 10.30am

Scorton village centre

wyre
council

A pleasant, two hour circular walk in and around Scorton village. Refreshments available at the end of the walk (at extra cost).

Trampers must be booked in advance.

Just turn up. For more information contact the Visit Garstang Centre on **01995602125** or email garstangtic@wyre.gov.uk

£3/£2, 2 hours, terrain guide 4, 4 miles, tramper-friendly

Event Locations

- 1 Abbeystead
- 2 Barley
- 3 Barracre
- 4 Barrowford
- 5 Beacon Fell
- 6 Bleasdale
- 7 Brock Valley
- 8 Calder Vale
- 9 Chipping
- 10 Clitheroe
- 11 Cobble Hey
- 12 Crook o Lune car park
- 13 Dalehead
- 14 Dunsop Bridge
- 15 Garstang
- 16 Gisburn Forest
- 17 Green Close Studio, Melling
- 18 Grindleton
- 19 High Bentham
- 20 Lancaster
- 21 Lawkland
- 22 Long Preston

- 23 Moor Piece Woodland,
Bashall Eaves
- 24 Newtron-in-Bowland
- 25 Sawley
- 26 Scorton
- 27 Slatburn
- 28 Tosside
- 29 Trough of Bowland
- 30 Whalley

FOREST OF BOWLAND

Area of Outstanding Natural Beauty



Symbols

- Nurserys
- Viewpoint
- Garage
- Pub
- Café
- Toilets
- Tourist Information
- Parking
- Picnic Site
- Event Locations
- Salter Fell Track

